

70 Days in the Psalms

Psalm 1	<input type="checkbox"/>	Psalm 25	<input type="checkbox"/>	Psalm 49	<input type="checkbox"/>
Psalm 2	<input type="checkbox"/>	Psalm 26	<input type="checkbox"/>	Psalm 50	<input type="checkbox"/>
Psalm 3	<input type="checkbox"/>	Psalm 27	<input type="checkbox"/>	Psalm 51	<input type="checkbox"/>
Psalm 4	<input type="checkbox"/>	Psalm 28	<input type="checkbox"/>	Psalm 52	<input type="checkbox"/>
Psalm 5	<input type="checkbox"/>	Psalm 29	<input type="checkbox"/>	Psalm 53	<input type="checkbox"/>
Psalm 6	<input type="checkbox"/>	Psalm 30	<input type="checkbox"/>	Psalm 54	<input type="checkbox"/>
Psalm 7	<input type="checkbox"/>	Psalm 31	<input type="checkbox"/>	Psalm 55	<input type="checkbox"/>
Psalm 8	<input type="checkbox"/>	Psalm 32	<input type="checkbox"/>	Psalm 56	<input type="checkbox"/>
Psalm 9	<input type="checkbox"/>	Psalm 33	<input type="checkbox"/>	Psalm 57	<input type="checkbox"/>
Psalm 10	<input type="checkbox"/>	Psalm 34	<input type="checkbox"/>	Psalm 58	<input type="checkbox"/>
Psalm 11	<input type="checkbox"/>	Psalm 35	<input type="checkbox"/>	Psalm 59	<input type="checkbox"/>
Psalm 12	<input type="checkbox"/>	Psalm 36	<input type="checkbox"/>	Psalm 60	<input type="checkbox"/>
Psalm 13	<input type="checkbox"/>	Psalm 37	<input type="checkbox"/>	Psalm 61	<input type="checkbox"/>
Psalm 14	<input type="checkbox"/>	Psalm 38	<input type="checkbox"/>	Psalm 62	<input type="checkbox"/>
Psalm 15	<input type="checkbox"/>	Psalm 39	<input type="checkbox"/>	Psalm 63	<input type="checkbox"/>
Psalm 16	<input type="checkbox"/>	Psalm 40	<input type="checkbox"/>	Psalm 64	<input type="checkbox"/>
Psalm 17	<input type="checkbox"/>	Psalm 41	<input type="checkbox"/>	Psalm 65	<input type="checkbox"/>
Psalm 18	<input type="checkbox"/>	Psalm 42	<input type="checkbox"/>	Psalm 66	<input type="checkbox"/>
Psalm 19	<input type="checkbox"/>	Psalm 43	<input type="checkbox"/>	Psalm 67	<input type="checkbox"/>
Psalm 20	<input type="checkbox"/>	Psalm 44	<input type="checkbox"/>	Psalm 68	<input type="checkbox"/>
Psalm 21	<input type="checkbox"/>	Psalm 45	<input type="checkbox"/>	Psalm 69	<input type="checkbox"/>
Psalm 22	<input type="checkbox"/>	Psalm 46	<input type="checkbox"/>	Psalm 70	<input type="checkbox"/>
Psalm 23	<input type="checkbox"/>	Psalm 47	<input type="checkbox"/>	Finished! Well Done, Praise God!	
Psalm 24	<input type="checkbox"/>	Psalm 48	<input type="checkbox"/>		

Some helpful tips for reflecting on each Psalm:

- 1. Pray that God's Spirit will enlighten and change you as you read His word. Pray that you will read God's word with a humble and contrite heart.***

- 2. Read the Psalm aloud if you can, as Psalms were meant to be spoken, sung or prayed. Try not to rush the process but let God's word wash over you, being open to the Spirit speaking to your heart.***

- 3. Write down some things that stood out to you as you read this Psalm. For example:***
 - A 'new' truth about God or his kingdom that you have not noticed before*

 - An 'old' truth you already know but appreciate more deeply because of the psalm*

 - A verse that speaks directly into your life situation*

 - Something in the psalm that inspires you to stop and praise God*

 - Something in the psalm that helps you develop a thankful heart*

 - A verse you would like to memorise to help you fight sin or deal with anxiety*

 - Words in the psalm you would like to pray regularly in your own time with God*

 - Questions you would like to ask God about the psalm*

- 4. How might Jesus be the fulfillment of the truths or themes in this Psalm?***

Share your reflections with someone today, or follow up any questions you have lingering.